

Anonymous

It would be much too risky to admit I lied to get into the Army. My recruiter told me to withhold information that would lead to my rejection. He also told me not to mention that he recommended lying about it. Having serious medical issues like asthma, heart problems, or a herniated disc in your back will make you ineligible to join the military, and I had the latter of the three.

You have to undergo a rigorous physical and drug-testing before being approved to join. I had to walk around in my undies and bend over, stand on my toes, and prance around with a few other women feeling very embarrassed. I read the legal ramifications for lying numerous times, but I signed my life away anyway. If I was caught lying about my medical history, they may have given me a dishonorable discharge and sued me for all the money they had already paid me. I suppose if this information got to the right person, they still could.